



### **How to Know if Long-term Skilled Nursing Care is a Good Fit**

#### **Long-Term Skilled Nursing Care IS a Good Fit for You or a Loved One if...**

- You or a loved one needs daily assistance with all or most of the activities that are required to function independently
- You or a loved one needs continuous support from medically licensed and certified team members
- You or your loved one is looking for a long-term solution to help with medical needs, memory care, physical therapy or hospice care

#### **Long-Term Skilled Nursing Care IS NOT a Good Fit for You or a Loved One if...**

- You or a loved one need a place to recover after an accident or an illness before returning home
- You or a loved one is looking for a short-term rehabilitation services, better known as transitional care to return home. Each of our communities also offers Transitional Care.

At Glen Meadows, a Presbyterian Senior Living Community, our Skilled Nursing Services provide residents with continuous customized care. Our communities give residents and their families the peace of mind in knowing that their loved one is being taken care of with personalized care. Whether an individual needs restorative care or is looking to stay active with planned events and social outings – Presbyterian Senior Living is committed to providing high-quality services to all residents.



## Other Special Services

**End of Life Care:** End of Life Care is care given to people who are near the end of life and have chosen to stop treatment to cure or control their disease. End of Life Care includes physical, emotional, social, and spiritual support for patients and their families. The goal of end-of-life care is to control pain and other symptoms so the patient can be as comfortable as possible. End of Life Care may include palliative care, supportive care, and hospice care.

**Respite Care:** Respite care is an option for temporary care in a long-term care community. Typically, the person is receiving care at home and the person's caregivers need a temporary break from caregiving. Respite is always time-limited and the person would return home after the designated time. This is often the perfect solution for families seeking a comfortable home-away-from-home for a loved one when out of town or preparing for a holiday. Through our Respite Care services, you or a loved one will have the opportunity to meet new people with similar experiences and enjoy fun activities, all while being cared for in a safe and friendly environment.



## Amenities that Complement *Innovative, Supportive, Compassionate*

- Access to campus amenities
- Access to dental, podiatry, eye, x-ray and lab services
- Assistance with medications
- Chaplain services
- Engaging comprehensive community life that are tailored to each person
- Physician services
- Religious services weekly

- Restaurant-style dining
- Restorative nursing program
- Supportive psychological services
- Transportation available for appointments

**Special Considerations:** The cost of long-term skilled nursing care is either paid privately or by Medical Assistance if the person qualified financially and medically.

## How to Know if Transitional Care is a Good Fit

### Transitional Care IS a Good Fit for You or a Loved One if...

- You or a loved one is ready to leave the hospital, but you're not quite strong enough to go home
- You or a loved one need a short-term care solution that cannot be provided in your home
- You or a loved one need a place to recover after an accident or an illness

### Transitional Care IS NOT a Good Fit for You or a Loved One if...

- You are seeking any form of addiction recovery
- You are unable to actively participate in your physical recovery
- You or your physician believes you require a long-term care solution

**For more information contact:  
Skilled Nursing Services  
John Ottena  
410.319.5343  
jottena@psl.org**

11630 Glen Arm Road  
Glen Arm, MD 21057  
**[www.psl.org/glenmeadows](http://www.psl.org/glenmeadows)**





# SKILLED NURSING SERVICES

## Glen Meadows

Skilled nursing residents receive comprehensive care in a warm, home-like environment. With continuous support, nursing and care support team members assist with tasks of daily living such as bathing and dressing, feeding, medication management and more. Programmed activities provide stimulation and engagement as well as the opportunity for social connection with other residents.

Room and Board	Daily Rate
Health Center	\$548

Rates effective January 1, 2026. Subject to change and availability.

### SERVICES INCLUDE:

- Comprehensive Activities, Games, and Social Events
- Chapel and Chaplain Services
- Convenient Access to our Café (to enjoy with your family and friends)
- Country Store and Gift Shop
- Daily Housekeeping and Linen Services
- Elevator Access
- Hospice Care Inpatient and Outpatient Rehabilitation
- Physical Therapy (to restore function for individuals who have experienced neuromuscular or skeletal dysfunction)
- Recuperative Care
- Occupational Therapy (to assist individuals with adaptation to their social and physical environment)
- Speech Therapy (to address communication and swallowing dysfunction)
- Long- and Short-term Skilled Nursing
- On-Site Beauty and Barber Shop
- On-Site Medical, Dental, Podiatry, X-Ray and Rehabilitation Services
- Respite Care
- Semi-Private Rooms
- Social Services and Discharge Planning Support
- Three Nutritious, Appetizing Meals Daily (as well as snacks with special diets as needed)



11630 Glen Arm Road | Glen Arm, MD 21057  
410-319-5343 | [www.psl.org/glenmeadows](http://www.psl.org/glenmeadows)



Pricing is subject to change without notice. It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.